

WESEHOPE'S TANZANIA BIKE RIDE

2nd – 11th October 2020



In Autumn 2020, take on the challenge of a lifetime and cycle 322km around the base of Mount Kilimanjaro in Tanzania, all in aid of WeSee**Hope**.

This will be an exciting, challenging and unforgettable cycling tour around the largest free standing mountain in the world.

You will be part of a group of 15-20 cyclists climbing a total of 5,640m and reaching a maximum altitude of 2,107m. Whilst on your journey, you will experience some of Tanzania's most beautiful landscapes, from vast open grasslands and lush green forests rich in wildlife, to vibrant villages and towns.

As part of the ten day trip, you will also have the amazing opportunity to see WeSeeHope's work first-hand, visiting communities where we are running child rights and economic empowerment programmes.





ITINERARY

The trip includes five days of cycling and a day visiting WeSee**Hope**'s programmes.

Day 1

Depart your country of origin and take an overnight flight to Kilimanjaro International Airport.

Day 2

Upon arrival, there will be time to rest before meeting your guides. They will brief you about the adventure before fitting you with your bike.

Day 3

Day one of the ride begins south of Kilimanjaro in Moshi and heads west through the more arid open plains of the Maasai Lands. Cycling on dirt and tarmac roads, you will finish in Osiligilai.

Day 4

The ride today starts with wide open plains dotted with acacia trees but gets greener as you approach the lower slopes of Kilimanjaro. Your ride ends at Simba Farm, overlooking vast wheat and barley fields.





Day 5

Today you will head to the north east side of Kilimanjaro near the Kenyan border. Our destination is nestled on the edge of the Rongai forest – on a clear day you can enjoy amazing views of Kilimanjaro's Kibo and Mawenzi peaks.

Day 6

You will take a break from cycling today to visit the Rombo district where WeSee**Hope** are running child rights and economic empowerment programmes.

Day 7

There will be a short but challenging climb up to Marangu today in the foothills of Kilimanjaro, passing banana and coffee plantations along the way!

Day 8

Your last day of cycling starts with several steep ascents then a gradual downhill towards the vibrant Moshi town. We will mark the end of your journey with a celebratory dinner!





Day 9

Day 10

A free day to explore Moshi town before heading to Kilimanjaro International Airport. Arrive back in your country of origin.

The itinerary is complex and subject to change.

Logistics & Support

The logistics of the trip will be organised by leading tour operator, Ultimate Challenges, who have over 20 years' experience in organising bespoke fundraising challenges for charities. They will be providing unrivalled end-to-end support, with experienced ride leaders and a doctor to ensure everyone has a safe and memorable challenge.

You can find out more about Ultimate Challenges <u>here</u>.





WeSee**Hope** & Your Impact

WeSee**Hope** is an international development organisation committed to creating sustainable change for vulnerable children in Southern and Eastern Africa.

We work across five countries - Kenya, Malawi, Tanzania, Uganda and Zimbabwe - in areas where children are acutely impacted by lack of opportunity, isolation and exploitation.

Focusing primarily on education, child rights and economic empowerment, we address these issues through seven community-led programmes.

By sharing our resources, technical expertise and guidance with a network of in-country partners, we build their capacity to deliver our programmes in areas where they are most needed. And together we equip communities with the skills to run our programmes independent of any support within four years.

Our aim is that vulnerable children have the skills to change their own futures, and their families and communities are able to support them along the way.





Our Work in Tanzania

Since 2009, we have been collaborating with our in-country partner, ANPPCAN Tanzania, in Rombo, an area at the base of Mount Kilimanjaro.

The Rombo district borders Kenya to the North and is associated with cross border child trafficking. Child labour, teenage pregnancy and sexual violence against girls are all common.

To tackle these issues, we are currently working to equip six communities in Rombo to run our Child Rights
Programme and Village Investors
Programme (VIP).

Through our Child Rights Programme, we are creating child protection structures in six schools to make sure vulnerable children have a structure of peers, teachers and safeguarding bodies who know how to stand up and protect their rights.

At the same time, through our VIP we are setting up village savings and loans groups and providing business skills training to economically empower parents and guardians of vulnerable children.

Along the route you will see these programmes in action and learn about the incredible impact that they are having on vulnerable children, their families and communities.





KEY DETAILS

Fundraising Target

We are challenging each cyclist to raise £3,000 for WeSee**Hope** and help us to create sustainable change in communities like those you will visit.

To inspire your fundraising and keep you motivated in the lead up to the trip, we will support you and keep you up to date with expert training advice and regular content about our work.

Cost

The trip will cost £1,900 per person, excluding your international flights, and this will need to be self-funded rather than fundraised.

In order to secure a place, you will need to pay a deposit of £295, which will be deducted from the final total due in August 2020.





What's included?

- Travel: Airport transfers and all internal transfers.
- Accommodation: Along the route, you will stay in both hotels or guesthouses, which all include full board catering and full facilities including water and electricity. This price is based on a twin share – single rooms are available at a small supplementary cost (depending on availability).
- **Bikes:** Upon arrival in Tanzania, you will be allocated either a TREK hardtail 4300 or Merida Matts 20D mountain bike.
- Crew: You will have expert support and guidance from an Ultimate Challenges UK leader, local English speaking guides and assistance from dedicated support vehicles, including a mechanic.
- Safety: A UK doctor will join you throughout the ride and you will be covered by AMREF Health Africa's flying doctor's medical evacuation insurance.
- Refreshments & gear: We'll make sure you are hydrated and energised with water and snacks at rest stops along your way and that you look the part in a WeSeeHope cycling jersey.

What's not included?

- International flights, which range from £600 £800 from the UK to Kilimanjaro (JRO).
- Gratuities and personal expenses.
- Personal travel insurance.





If you would like to be part of WeSee**Hope's** Tanzania Bike Ride, you can sign up from 3rd February 2020 through our online portal.

If you would like to sign up or want to hear more, please get in touch with WeSeeHope's Fundraising Coordinator Jess at Jess@WeSeeHope.org.uk or on +44 (0)208 288 1196.

